

## ABSTRACT

Provided is an optical disk manufacturable by a conventional recording medium manufacturing method and that is capable of performing recording with an information recording apparatus used to perform recording on conventional recording mediums, and a data recording apparatus for recording contents data.

An optical disk 100 has a structure in which a first substrate 110 and a second substrate 120 are bonded together. The first substrate is provided with a recording layer in which contents data is recorded, and the second substrate is provided with a visual information recording layer in which information enabling visual recognition of, for example, the contents of contents data or a title of the contents data is recorded as visual information.